





Course 1: The Strategic Postdoc Module 1: Positioning Yourself for the Postdoc

Session 1: Acknowledge Your Needs, Preferences, and Values

Activity 1.3: Your Research Mentor and You

- 1. In this exercise, we would like you to take a deeper look at your research mentor and evaluate their different responsibilities and roles. We've added an example to get you started. Feel free to create your own list or table.
 - a. Create a list of all of the responsibilities that you know your PI is juggling.
 - b. Classify each responsibility identified in question 1a as that of an advisor, a trainer, or a supervisor role.
 - c. Consider the list created in 1a and identify any possible role conflict that may emerge as you prepare to reach your career goals.
 - d. Identify potential resources available to help you manage that possible conflict

PI Roles	Type of responsibility	Possible conflict/Available resources
E.g. Writing grants	Supervisor	PI is too busy at critical moments. Resources: Seek help from mentors (e.g. senior postdoc)