



Course 1: The Strategic Postdoc

Module 1: Positioning Yourself for the Postdoc

Session 2: Start at the End

Activity 2.1: Seeking Balance: Identifying Goals

1. Think about your long-term career goals. What career are you interested in (e.g., research-intensive faculty position, research, and teaching positions, something else)?
2. Describe two ways in which knowing your career goals would help you develop a postdoctoral training plan that would help you get there.
3. Why is it important to evaluate your personal needs, preferences, and values to help you identify your training goals before you start searching for an ideal postdoctoral position? Briefly explain.